

Team Dynamics in All-Female Teams

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Introduction

- MGT 4910 Healthcare Management Practicum
 - 16 students from 5 majors
 - Consulting project for Children's Healthcare of Atlanta
 - All-female for the first time
- 10 Month Research Project
 - Team dynamic research
 - Qualitative Interview
 - Quantitative Survey

Key Themes

- High emotional understanding and regulation
- Team Trust
- Vulnerability
- Equal Workshare
- Positive Ownership

Conclusion

- Intentional behaviors can make all the difference for any team
 - Set goals at the beginning of group meetings
 - Learn about your team members lives outside of your group project
 - Ensure you are not dominating a conversation, and if you are, take a step back
 - Take time to de-stress outside of group work time
 - Pay close attention to the emotions of others